

Medications to Avoid

If you are taking any medications on this list, you should discontinue them 2 weeks prior to surgery. Only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you currently are taking must be specifically cleared by Dr. Hugo and the nursing staff prior to surgery. This is an absolute necessity. The following lists are guidelines but it is safer to check before taking anything that could cause canceling your surgery.

Aspirin Medications to Avoid

Affect blood clotting.

4-Way Cold Tabs	Cama Arthritis Pain Reliever	Isollyl Improved Kaodene	Percodan products
5-Aminosalicylic Acid	Carisoprodol Compound	Lanorinal	Phenaphen/Codeine #3
Acetilsalicylic Acid	Cataflam	Ibuprohm	Pink Bismuth
Actron	Cheracol	Lodine	Piroxicam
Adprin-B products	Choline Magnesium	Lortab ASA	Propoxyphene
Aleve	Trisalicylate	Magan	Compound products
Alka-Seltzer products	Choline Salicylate	Magnaprin products	Robaxisal
Amigesic Argesic-SA	Cope	Magnesium Salicylate	Rowasa
Anacin products	Coricidin	Magsal	Roxeprin
Anexsia w/Codeine	Cortisone Medications	Marnal	Saleto products
Arthra-G	Damason-P	Marthritic	Salflex
Arthriten products	Darvon Compound-65	Mefenamic Acid	Salicylate products
Arthritis Foundation products	Darvon/ASA	Meprobamate	Salsalate
Arthritis Pain Formula	Diclofenac	Mesalamine	Salsitab
Arthritis Strength BC Powder	Dipenturn	Methocarbarnol	Scot-Tussin Original 5-
Arthropan	Disalcid	Micrainin	Action
ASA	Doan's products	Mobidin	Sine-off
Asacol	Dolobid	Mobigesic	Sinutab
Ascriptin products	Dristan	Momentum	Sodium Salicylate
Aspergum	Duragesic	Mono-Gesic	Sodol Compound
Asprimox products	Easprin	Motrin products	Soma Compound
Axotal	Ecotrin products	Naprelan	St. Joseph Aspirin
Azdone	Empirin products	Naproxen	Sulfasalazine
Azulfidine products	Equagesic	Night-Time Effervescent	Supac
B-A-C	Etodolac	Cold	Suprax
Backache Maximum Strength Relief	Excedrin products	Norgesic products	Synalgos-DC
Bayer products	Fiorgen PF	Norwich products	Talwin
BC Powder	Fiorinal products	Olsalazine	Triaminicin
Bismatrol products	Flurbiprofen	Orphengesic products	Tricosal
Buffered Aspirin	Gelpirin	Orudis products	Trilisate
Bufferin products	Genprin	Oxycodone	Tussanil DH
Buffetts 11	Gensan	Pabalate products	Tussirex products
Buffex	Goody's Extra Strength	P-A-C	Ursinus-Inlay
Butal/ASA/Caff	Headache Powders	Pain Reliever Tabs	Vanquish
Butalbital Compound	Halfprin products	Panasal	Wesprin
	IBU	Pentasa	Willow Bark products
	Indomethacin products	Pepto-Bismol	Zorprin

Ibuprofen Medications to Avoid

Affect blood clotting.

Acular (ophthalmic)	Haltran	Nabumetone	Rhinocaps
Advil products	Indochron E-R	Nalfon products	Sine-Aid products
Anaprox products	Indocin products	Naprosyn products	Sulindac
Ansaid	Ketoprofen	Naprox X	Suprofen
Clinoril	Ketorolac	Nuprin	Tolectin products
Daypro	Ibuprin	Ocufen (ophthalmic)	Tolmetin
Dimetapp Sinus	Ibuprofen	Oruvail	Toradol
Dristan Sinus	Meclofenamate	Oxaprozin	Voltaren
Feldene	Meclomen	Ponstel	
Fenoprofen	Menadol	Profenal	
Genpril	Midol products	Relafen	

Avoid ALL Diet Aids – Including Over-the-Counter and Herbal

Intensify anesthesia, serious cardiovascular effects.

Tricyclic Antidepressants to Avoid

Intensify anesthesia, cardiovascular effects.

Adapin	Doxepin	Maprotiline	Tofranil
Amitriptyline	Elavil	Norpramin	Triavil
Amoxapine	Endep	Nortriptyline	Trimipramine
Anafranil	Etrafon products	Pamelor	Vivactil
Asendin	Imipramine	Pertofrane	
Aventyl	Janimine	Protriptyline	
Clomipramine	Limbitrol products	Sinequan	
Desipramine	Ludiomil	Surmontil	

Other Medications to Avoid

Affect blood clotting.

4-Way w/ Codeine	Dalteparin injection	Mellaril	Soltice
A.C.A.	Dicumerol	Miradon	Sparine
A-A Compound	Dipyridamole	Opasal	Stelazine
Accutrim	Doxycycline	Pan-PAC	Sulfinpyrazone
Actifed	Emagrin	Pentoxyfylline	Tenuate
Anexsia	Enoxaparin injection	Persantine	Tenuate Dospan
Anisindione	Flagyl	Phenylpropanolamine	Thorazine
Anturane	Fragmin injection	Plavix	Ticlid
Arthritis Bufferin	Furadantin	Prednisone	Ticlopidine
Avonex	Garlic	Protarnine	Trental
BC Tablets	Heparin	Pyrroxate	Ursinus
Children's Advil	Hydrocortisone	Ru-Tuss	Virbamycin
Clinoril C	Isollyl	Salatin	Vitamin E
Contac	Lovenox injection	Sinex	Warfarin
Coumadin	Macrochantin	Sofarin	

Salicylate Medications to Avoid

Affect blood clotting.

Amigesic (salsalate)	Pabalate
Disalcid (salsalate)	Pepto-Bismol (bismuth subsalicylate)
Doan's (magnesium salicylate)	Salflex (salsalate)
Dolobid (diflunisal)	Salsalate
Magsal	Salsitab (salsalate)
Pamprin (Maximum Pain Relief)	Trilisate (choline salicylate + magnesium salicylate)
Mobigesic	

Vitamins and Herbs to Avoid

Avoid all herbal or homeopathic products because they can affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage.

Note: Just because it is not on this list does not mean that it is safe to take while preparing for surgery.

Ackee fruit	Devil's club	Goldenseal	Muwort
Alfalfa	Dong Quai root	Gotu Kola	Nem seed oil
Aloe	Echinacea	Grape seed	Onions
Argimony	Ephedra	Guarana	Papaya
Barley	Eucalyptus	Guayusa	Periwinkle
Bilberry	Fenugreek seeds	Hawthorn	Selenium
Bitter melon	Feverfew	Horse Chestnut	St. John's Wort
Burdock root	Fo-ti	Juniper	Valerian/Valerian Root
Carrot oil	Garlic	Kava Kava	"The natural Viagra®"
Cayenne	Ginger	Lavender	Vitamin E
Chamomile	Gingko	Lemon verbena	Willow bark
Chromium	Gingko biloba	Licorice root	Yellow root
Coriander	Ginseng	Ma Huang	Yohimbe
Dandelion root	Gmena	Melatonin	

PLEASE DISCONTINUE ALL FISH OIL AND OMEGA-3 SUPPLEMENTS

If you are taking anything that is not on this list, please call the office at
(757) 496-4801 to notify us and make sure that it is okay.